



Complimentary Wellness Classes

Elevate your wellbeing with exclusive sessions led by our visiting practitioners.

MON	AquaFit 4PM - 5PM	Sunset Beach Yoga 5PM - 6PM
TUE	Sunrise Beach Yoga 7.30AM - 8.30AM	
WED	Morning Yoga 8AM - 9AM	Gym Circuits 10.30AM - 11.30AM
THU	Sunrise Beach Yoga 7.30AM - 8.30AM	
FRI	Morning Yoga 9AM - 10AM	AquaFit 4PM - 5PM
SAT	Gym Circuits 10.30AM - 11.30AM	

Please meet in hotel lobby 10-minutes prior to class

FOR RESERVATIONS,
DIAL '0' FROM IN-ROOM PHONE, VISIT MAIN RECEPTION
☎ +66 76 302 660 ✉ HA224-RE@ACCOR.COM

Outside guests are welcome at THB 500++ per class.

For a more tailored wellness journey,
private classes are available with our visiting practitioners at THB 1,500++

- * Advanced reservations are required
- * Suitable for all levels aged 14 years old and above (except AquaFit)
- * For AquaFit children under the age of 8 accompanied by adult
- * Maximum 10 guests per session on first come first served basis
- * Times of classes are subject to change without prior notice and are weather permitting
- * Terms and conditions apply. Prices only in Thai Baht and subject to 10% service charge and 7% government taxes

